

## ASSESSMENTS STEP 3

# BALL FLIGHT

Where's your ball starting? Are you sure? Let's find out...**for sure.**

TAKE ACTION



If you do not have access to a TrackMan or similar device, set up a ball flight assessment station as shown. Use a pool noodle, bright construction ribbon and some tees. Hit 10 balls with your iron, hybrid and wood. Mark your most common start direction on the Ball Flight Chart.



## ASSESSMENTS **STEP 3**

# YOUR BALL FLIGHT

### FLIGHT OPTIONS:

FADE • DRAW • STRAIGHT • HOOK • SLICE • PUSH SLICE • PULL HOOK

CLUB	START	BALL FLIGHT	IMPACT POINT
	LEFT ON TARGET RIGHT		CENTER HIGH LOW HEEL TOE
	LEFT ON TARGET RIGHT		CENTER HIGH LOW HEEL TOE
	LEFT ON TARGET RIGHT		CENTER HIGH LOW HEEL TOE
	LEFT ON TARGET RIGHT		CENTER HIGH LOW HEEL TOE
	LEFT ON TARGET RIGHT		CENTER HIGH LOW HEEL TOE
	LEFT ON TARGET RIGHT		CENTER HIGH LOW HEEL TOE
	LEFT ON TARGET RIGHT		CENTER HIGH LOW HEEL TOE



**NOTES FROM COACH:**